



Pylon Press

February 2022

SPORTS CAR CLUB OF AMERICA - PHOENIX AZ SOLO REGION

Event Overview



“
ATTITUDE FIRST,
ACTION SECOND
THINK FAST! BE FAST!”

HONEST ABE TEST



Take a penny and insert it into your tire's tread groove. Make sure Abe Lincoln's head is upside down and facing towards you at the time.

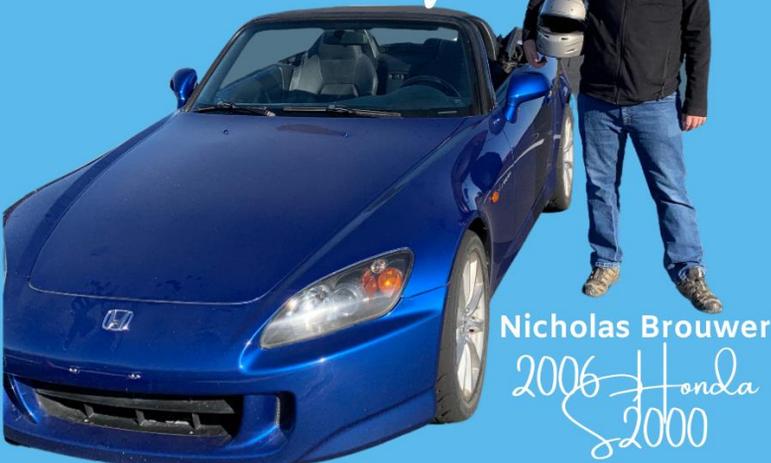
If you can see all of Honest Abe's head, that means your tread depth is less than the recommended 1/16 inches (1.6mm) - meaning it's time to head to the store and pick up a new set of tires - which hopefully won't cost you a pretty penny.

INFO RESEARCHED BY EDITOR
BRIJN MILLER

Participants of the February 12th PASR event were greeted with another great day of zooming solo around the cones at the AMP facility. A cool Arizona morning gave way to a sunny warm day with light breezes and a fun course design. The course had a nice balance of short fast straightaways combined with some tight and even technical features. Hats off to club members who are trackside at 6 am fine tuning the course, setting up the registration area, and the tech operations. Lots of work takes place behind the scenes and we appreciate the efforts of these early morning workers! Some close class racing is developing in this series with a half second or less splitting the difference between first and second place.

Super close racing took place in the following groups. In AS Between winner **Ben Zukoswski** vs. **Ken Mitchell**, in CAM-C **Pat Sullivan** vs. **Trevor Drake**, CAM-T **Lance Hamilton** vs. **Juan Leal Jr.**, CSP **Larry Burrow** vs. **Don Sattler**, **Burrow** wins first by .012 of a second, SS **Kim Kemper** vs. **Brian Miller**, and in STU, **Eric Roy** over **Scott Jones**. Notable mention should go to the several drivers that cracked into the elusive 37 second barrier. Included in this elite group were **Jason Bucki**, **Brian Peters**, **Nicole Wong**, **Bruce Hanson**, **Britt Dollmeyer** and **Tim Bergstrom**. In the hot shoe Sportsman class **Jeff Wong** took TTD in his C-7 Corvette with a blazing 36.304. Super close racing all around, great fun and stay tuned to see who comes out a head in these close class battles.

Car of the Month



Nicholas Brouwer
2006 Honda
S2000

Nicholas Brouwer is a relative newcomer to solo racing but after two events is hooked on this style of racing. His 2006 Laguna Blue Honda S2000 serves as both his daily driver and solo ride. A resident of the San Tan Valley Nick is a car guy who has worked on a variety of restoration projects with his dad and grandfather. His current project is a 1967 VW Bug imported from Germany by his grandpa to the states and passed down to him by his dad. As to the Honda, its his favorite car and he loves it. It's a dead stock car with the only current upgrades being a light wt. battery, 200 tread wear tires and a high flow air filter. At 237 hp the Honda with 122 thousand miles on the odometer is still a great autocross competitor offering exceptional handling. Nick is hopeful to move up in his standing in C class over time with practice and to continues to enjoy driving his S2000 both at solo events and as a daily driver. Great to see a young man enjoying our sport with an older daily driver for his ride. His story exemplifies that solo racing can successfully be done with an older daily driver that's easy on the budget. Keep coming back for more. Nick, you and your generation are the future of Solo racing.

Toothpaste as a Cleanser



CLEAN HEADLIGHTS WILL HELP YOU MAINTAIN A MUCH SAFER DRIVE, YET IT IS OFTEN EXPENSIVE OR TIME CONSUMING TO GET THE REQUIRED CHEMICALS TO DO THIS.

HOWEVER, DID YOU KNOW TOOTHPASTE CAN GO FROM CLEANING YOUR TEETH TO CLEANING YOUR HEADLIGHTS?

USING A RAG AND SOME WATER TO RINSE OFF AFTERWARDS, SIMPLY SCRUB DOWN YOUR HEADLIGHTS WITH TOOTHPASTE AND WATCH THE GRIME COME RIGHT OFF.

LIVIN' THE GOOD LIFE

Vintage Ford Convertible



FUN CAR AT THE FEBRUARY 2022 PHOENIX AZ SOLO REGION EVENT



Volunteer of the Month



SERVICE TO OTHERS IS THE RENT YOU PAY FOR YOUR ROOM HERE ON EARTH." — MUHAMMAD ALI

Ken Mitchell has done it all! A member of SCCA for 34 years and a veteran of solo racing since the early 1980s while driving a 2-liter **1973 Porsche 914**. Ken can be seen doing a variety of jobs at local events as his depth of experience allows him to be comfortable as a starter, serving in scoring and timing, as a grid worker or whatever job he is assigned. A California native, living with his wife, Jean, in Phoenix, Ken brings two very capable Corvettes out to local solo events. A **CAM-S Corvette**, and of late, he drives a very fast **A Street Grand Sport Corvette**. Ken has been involved in drag racing, SCCA road racing events, served and chaired SCCA boards of directors in California and been a past National SCCA Solo champion in Camaros. His most recent contribution to the club is to manage the upcoming **Test and Tune** event this month on 3/12/22. Ken has developed a creative event that will allow drivers to use a drive, work, and rest format, with plenty of time to tune their cars between sessions.

Slime Success



Because of the slime's natural malleability, it can clean otherwise hard to reach crevices and crannies without making a mess.

“Racing is a chance to escape society and just be with each other.”

Erin Beresini, Off Course: Inside the Mad, Muddy World of Obstacle Course Racing



Test & Tune

3/12/22 at AMP

Gate opens at 6:30 am

First car out at 8:15 am

Get there early to walk the course!

The **Test & Tune** event is coming up on 3/12/22! If you are signed up to participate here are some ways to best use this testing outing:

1. Try a variety of tire air pressures and see how it affects your car's handling and times. A tire temperature gauge is essential here to measure the temperatures across the tires as a more uniform temperature is desired.
2. Move your 'Go Pro' camera inside the car to record your hand and head movements as you drive through the course. Are your steering motions smooth or jerky? Also, record your head movements to see if you continue to look straight ahead or are you rotating your head as needed.
3. Turn your outside mirrors down to see how close you come to the turning cones particularly on the passenger side.
4. Have a better driver drive your car and ride along to observe their technique and the line they take with your car.
5. Have a pal ride along and observe when, where and how smoothly you roll back on the throttle upon leaving a turn on the course.
6. Overdrive the car a bit to discover exactly where it will push or step out under speed to determine its limits.
7. Have a blast driving – no pressure. Just have fun!

*Instead of worrying about what you can't control,
shift your energy to what you can test and tune up!*



Tech Tip

The elimination of the film that develops on the inside of your car windshield preventing clear visibility can be very important safety and increased performance factor. First, what is that film that fogs up your windshield on the inside and where does it come from? It's called outgas, off gas, or vinyl film, caused by heat and sunlight striking plastic parts on the car's interior, combined with condensation causing a gas-like substance.

Using a sunscreen or parking in the shade can minimize this off gas effect. That new car smell is an indicator of off gas being generated in a newer car.

The best way to clean the film off is either a good window spray or a mixture of white vinegar and water in a spray bottle. The most effective wipe off material is crumpled up newspaper. It's the ink that seems to interact with the vinegar that really cleans and shines your windows. The longer you leave the film on the windows the more difficult it is to remove – it become almost baked on your windows. A good tip to clear the inside of the windshield before every racing event.

THERE IS BEAUTY
IN THE STRUGGLE.
WE ARE IN THIS
TOGETHER.

Share what you know with another racer!



"Fueled by Fast Fantasies!"



Anything Worth Having
Takes Time

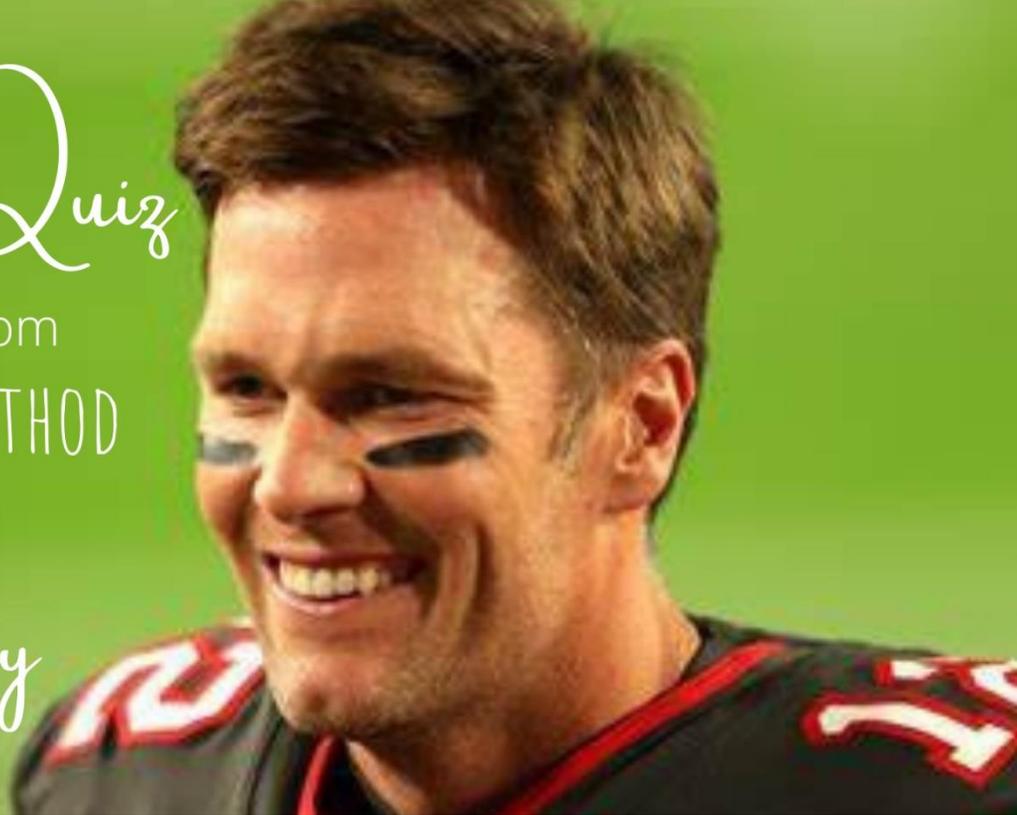
Pylon Quiz

inspired from

THE TB 12 METHOD

written by

Tom Brady



Tom Brady is arguably the one of the greatest quarterbacks to ever play in the NBA. Multiple time Super Bowl winner, member of several All Pro NFL Teams, now best-selling author. He attributes a great deal of his success in football, and life, to his training program outlined in his book titled **The TB 12 Method**. The questions in this month's Pylon Quiz are taken from his pointers on personal daily hydration outlined in his book.

True or False

1. Many persons are either are unknowingly dehydrated by medical standards or on the border of being so.
2. Water is best taken before and after meals, yet not during meals because it washes away food nutrients in the stomach.
3. We should avoid drinking water upon waking in the morning from sleep because it can disrupt the function of the brain.
4. Brady recommends drinking half your body weight in ounces each day.
5. Coffee, soda and alcohol are all dehydrating beverages
6. Water flushes out body toxins and too little of it can handicap the lymphatic system.
7. Hydration can have a direct effect on the pliability of your muscles.
8. Brady recommend systematically scheduling drinking two eight-ounce glass of water every hour.

All TRUE statements, except #3;

Brady recommends drinking two glasses of water upon awakening